

Breastfeeding Help in San Joaquin County

We're Here to Help!



Information and support make learning to breastfeed easier. Call today!



Breastfeeding is a special gift only you can give your baby.



BREASTFEEDING HELPLINES

Doctors Hospital of Manteca
(209) 239-8387

Kaiser Permanente
(209) 476-2080 Stockton
(209) 824-5051 Manteca
(209) 839-3300 Tracy

Adventist Health Lodi Memorial Breastfeeding Support Warmline
(209) 339-7872

San Joaquin General Hospital
(209) 468-6460
Consultora disponible en español

Sutter Tracy Community Hospital Baby Bungalow
(209) 833-2419

We're Here to Help!
Call Today!

BREASTFEEDING SUPPORT GROUPS & MOMS' GROUPS

EXPECTANT AND NEW MOMS WELCOME—NO CHARGE

LA LECHE LEAGUE GROUPS

www.LLLnorcal.org

La Leche League of Lodi

3rd Tuesday of each month—10:00 AM
2nd Thursday of each month—6:00 PM
Erin (209) 759-3666
Erin has twins experience
Katherine (209) 663-8891
Ashley (209) 470-9893

La Leche League of Manteca

By appointment
Patricia (209) 625-5008

La Leche League of Mountain House

By appointment
Teri (925) 391-0711
MoutainHouseLLL@gmail.com

La Leche League of Stockton

1st Thursday of each month—10:00 AM
Ashley (209) 470-9893
Michelle (209) 756-4058

WIC SUPPORT GROUPS

Community Medical Centers, Inc.
(209) 870-5000

"Breastfeeding Chat—English"
Stockton—Mondays—1:15 PM
Tracy—Thursdays—10:15 AM
Woodbridge—Wednesdays—1:30 PM
"Charlar Sobre Lactancia—en Español"
Stockton—Lunes—10:00 AM
Tracy—Jueves—9:00 AM
Woodbridge—Miércoles—10:00 AM

Delta Health Care

(209) 477-0378 Stockton
(209) 370-6850 Lodi
"Moms Helping Moms"
Lodi—Thursdays—11:00 AM
Stockton—Tuesdays 10:30 AM
Stockton—Wednesdays—1:30 PM
"Mommy Connection"
Stockton—Thursdays—1:30 PM
"MAMAS Unidas—en Español"
Lodi—Jueves—2:00 PM
Stockton—Viernes—10:30 AM

WIC SUPPORT GROUPS

S.J. County Public Health Services
(209) 468-3280

Future Breastfeeding Support Group
Stockton—Call for more information
Español—Próximamente, llame para más información

HOSPITAL SUPPORT GROUPS

Adventist Health Lodi Memorial "TLC"—The Lactation Club
Tuesdays & Fridays—10:00 AM
(209) 339-7872

Dignity Health St. Joseph's Medical Center
"Mother-Baby Breast Connection"
Wednesdays—1:00 PM
(209) 467-6331

SJGH Breastfeeding Support Group
SJGH Family Maternity Center—3rd Floor
500 W. Hospital Road, French Camp
Thursdays—1:00 PM Jueves—1:00 PM
(209) 468-6460
Consultora disponible en español



PROFESSIONAL LACTATION CONSULTATIONS (IBCLC)

HOSPITAL LACTATION SERVICES

Adventist Health Lodi Memorial
(209) 339-7872 for appointment

Doctors Hospital of Manteca
(209) 239-8387 for appointment

**Sutter Tracy Community Hospital
Baby Bungalow**
Monday-Friday 11:30AM-1:30PM
(209) 833-2419 for appointment

WIC IBCLC SERVICES

Ofrece servicios en español

S.J. County Public Health Services
(209) 468-3280

Community Medical Centers, Inc.
(209) 870-5000

Delta Health Care
(209) 477-0378

KAISER IBCLC SERVICES

Kaiser Permanente
(209) 476-2080 Stockton
(209) 824-5051 Manteca
(209) 839-3300 Tracy

PRIVATE PRACTICE IBCLCs

Isabel Bennett, IBCLC
Serves Manteca and surrounding area
(209) 918-4423

Salome Gatdula, LVN, RLC, IBCLC
Serves San Joaquin County
salome.gatdula@gmail.com
(209) 481-7415

Katherine Havener, JD, IBCLC, CLC
Serves Mountain House, Tracy, Manteca
and Lathrop
www.mountainhouselactation.com
(925) 922-7615

Angelia Leipelt, IBCLC
Serves San Joaquin County
209-210-8464

Holly Newman, BSN, RN, IBCLC
Serves Lodi/Stockton area
www.lodilactation.com
(209) 712-7304

PRENATAL

BREASTFEEDING CLASSES

Dignity Health St. Joseph's Medical Center
(209) 467-6331

Adventist Health Lodi Memorial
(209) 339-7520

Sutter Tracy Community Hospital
(209) 833-2321

Kaiser Permanente
(209) 476-3299 Stockton
(209) 824-5070 Manteca

Doctors Hospital of Manteca
(209) 239-8387

WIC PROGRAMS-

Ofrece servicios en español

S.J. County Public Health Services
Serving Stockton, Manteca and Tracy
(209) 468-3280

Community Medical Centers, Inc.
(209) 370-1750 Lodi
(209) 870-5000 Stockton
(209) 229-7800 Tracy

Delta Health Care
(209) 370-6850 Lodi
(209) 444-8600 Stockton

BREAST PUMP RENTALS

Babies 'R' Us— Stockton
(209) 473-9858

**Sutter Tracy Community Hospital
Baby Bungalow**
(209) 833-2419

Kaiser Permanente
(Pump rentals for Kaiser members only)
(209) 476-3299 Stockton
(209) 824-5070 Manteca
(209) 839-6130 Tracy

MOTHERS' MILK BANK Breastmilk Donation

1-877-375-6645 (Toll-free)
Se habla español
www.mothersmilk.org

San Joaquin County Liaison:
Gail Dacayanan, RD, IBCLC
(209) 981-0050
gaildac@gmail.com



For more information and links to these services and other great breastfeeding websites, visit us at BreastfeedSJC.org



P.O. Box 4806
Stockton, CA 95204

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Updated February 2018

