Breastfeeding Help in San Joaquin County

We’re Here to Help!

Breastfeeding is a special gift only you can give your baby.

BREASTFEEDING HELPLINES

Doctors Hospital of Manteca
(209) 239-8387
Kaiser Permanente
(209) 476-2080 Stockton
(209) 824-5051 Manteca
(209) 839-3300 Tracy

Adventist Health Lodi Memorial
Breastfeeding Support Warmline
(209) 339-7872
San Joaquin General Hospital
(209) 468-6460
Consultora disponible en español

Sutter Tracy Community Hospital
Baby Bungalow
(209) 833-2419

We’re Here to Help!
Call Today!

BREASTFEEDING SUPPORT GROUPS & MOMS’ GROUPS

EXPECTANT AND NEW MOMS WELCOME—NO CHARGE

LA LECHE LEAGUE GROUPS
www.LLLnorcal.org

La Leche League of Stockton & Lodi*
4th Monday of each month—10:00 AM
Central Methodist Church-Fireside Room
3700 Pacific Ave, Stockton

Ashley (209) 470-9893
Michelle (209) 756-4058
Katherine (209) 663-8891

La Leche League of Manteca
By appointment
Patricia (209) 625-5008

La Leche League of Mountain House
By appointment
Teri & Staci
(925) 391-0711
MountainHouseLLL@gmail.com

WIC SUPPORT GROUPS

Community Medical Centers, Inc.
(209) 870-5000
“Breastfeeding Chat—English”
Stockton—Mondays—1:15 PM
Tracy—Thursdays—10:00 AM
Woodbridge—Wednesdays—1:15 PM
“Charlar Sobre Lactancia—en Español”
Stockton—Lunes—10:00 AM
Tracy—Jueves—9:00 AM
Woodbridge—Miércoles—10:00 AM

Delta Health Care
(209) 477-0378 Stockton
(209) 370-6850 Lodi
“Moms Helping Moms”
Lodi—Thursdays—11:00 AM
Stockton—Tuesdays 10:30 AM
Stockton—Wednesdays—1:30 PM
“Mommy Connection”
Stockton—Thursdays—1:30 PM
“MAMAS Unidas—en Español”
Lodi—Jueves—2:00 PM
Stockton—Viernes—10:30 AM

HOSPITAL SUPPORT GROUPS

Adventist Health Lodi Memorial
“TLC”—The Lactation Club
Tuesdays & Fridays—10:00 AM
(209) 339-7872

Dignity Health St. Joseph’s Medical Center
“Mother-Baby Breast Connection”
Wednesdays—1:00 PM
(209) 467-6331

SJGH Breastfeeding Support Group
SJGH Family Maternity Center—3rd Floor
500 W. Hospital Road, French Camp
Thursdays—1:00 PM Jueves—1:00 PM
(209) 468-7078
Consultora disponible en español

WIC SUPPORT GROUPS

S.J. County Public Health Services
(209) 468-3280
Future Breastfeeding Support Group
Stockton—Call for more information
Español—Próximamente, llame para más información

We're Here to Help!
Information and support make learning to breastfeed easier. Call today!
PROFESSIONAL LACTATION CONSULTATIONS (IBCLC)

HOSPITAL LACTATION SERVICES
Adventist Health Lodi Memorial
(209) 339-7872 for appointment

Doctors Hospital of Manteca
(209) 239-8387 for appointment

Sutter Tracy Community Hospital
Baby Bungalow
Monday-Friday 11:30AM-1:30PM
(209) 833-2419 for appointment

S.J. General Hospital
(209) 468-7078

WIC IBCLC SERVICES
Ofrece servicios en español

S.J. County Public Health Services
(209) 468-3280

Community Medical Centers, Inc.
(209) 870-5000

Delta Health Care
(209) 477-0378

KAISER IBCLC SERVICES
Kaiser Permanente
(209) 476-2080 Stockton
(209) 824-5051 Manteca
(209) 839-3300 Tracy

PRIVATE PRACTICE IBCLCs
Isabel Bennett, IBCLC
Serves San Joaquin County
(209) 918-4423
isabelIBCLC@yahoo.com
modestolactationdoula.com

Salome Gatdula, LVN, RLC, IBCLC
Serves San Joaquin County
salome.gatdula@gmail.com
(209) 481-7415

Angelia Leipelt, IBCLC
Serves San Joaquin County
(209) 210-8464

Holly Newman, BSN, RN, IBCLC
Serves Lodi/Stockton area
www.lodilactation.com
(209) 712-7304

BREAST PUMP RENTALS

Sutter Tracy Community Hospital
Baby Bungalow
(209) 833-2419

Kaiser Permanente
(Pump rentals for Kaiser members only)
(209) 476-3299 Stockton
(209) 824-5070 Manteca
(209) 839-6130 Tracy

MOTHERS’ MILK BANK
Breastmilk Donation

Mother’s Milk Bank of San Jose
1-877-375-6645 (Toll-free)
Se habla español
www.mothersmilk.org

P.O. Box 4806
Stockton, CA 95204

For more information and links to these services and other great breastfeeding websites, visit us at BreastfeedSJC.org

PRENATAL BREASTFEEDING CLASSES

Adventist Health Lodi Memorial
(209) 339-7520

Dignity Health St. Joseph’s Medical Center
(209) 467-6331

Doctors Hospital of Manteca
(209) 239-8387

Kaiser Permanente
(209) 476-3299 Stockton
(209) 824-5070 Manteca

S.J. General Hospital
(209) 468-7078

WIC PROGRAMS-
Ofrece servicios en español

S.J. County Public Health Services
Serving Stockton, Manteca and Tracy
(209) 468-3280

Community Medical Centers, Inc.
(209) 370-1750 Lodi
(209) 870-5000 Stockton
(209) 229-7800 Tracy

Delta Health Care
(209) 370-6850 Lodi
(209) 444-8600 Stockton

Permission to copy
Updated June 2019